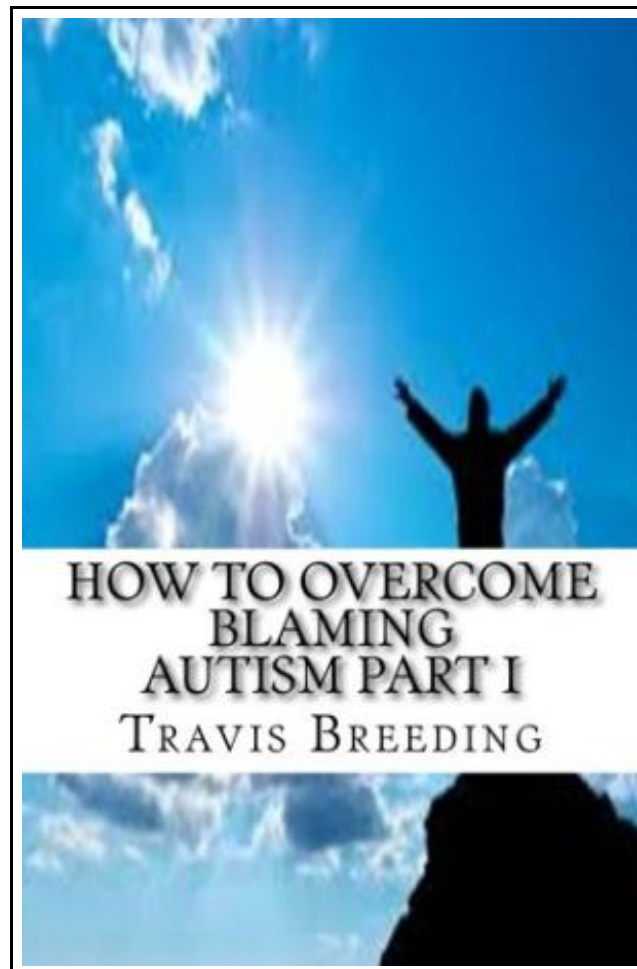


## How to Overcome Blaming Autism Part I



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### ***Reviews***

*The book is great and fantastic. It is written in straightforward words and phrases rather than difficult to understand. You won't really feel monotony at any time of your respective time (that's what catalogues are for regarding should you question me).*

***(Payton Miller)***

## HOW TO OVERCOME BLAMING AUTISM PART I

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Createspace, United States, 2014. Paperback. Book Condition: New. Large Print. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Getting a proper diagnosis is a challenge that is presented to many individuals and doctors who are trying to diagnosis mental and developmental disorders. Often times a primary diagnosis is accompanied by a secondary diagnosis. Sometimes the effects of the secondary diagnosis are at their peak when the individual is meeting with his or her doctor making it possible that you receive a misdiagnosis altogether. I am someone who struggles greatly with the secondary diagnosis that come along with my Autism Spectrum Disorder diagnosis. It is important that the proper diagnosis are given so that the proper treatment plan can be made to ensure to help those living with Autism and Mental Illness. Without a proper secondary diagnosis it is easy to confuse the symptoms that are from the secondary diagnosis with Autism your primary diagnosis. For the past 8 years I have thought that all of my mental issues were related to Autism and I blamed Autism for everything that was going on with me mentally because there was confusion about what my secondary diagnosis was. In this book I will share how I continue to work through my symptoms that are from secondary diagnosis and overcome the anxiety I have that comes from being Autistic. It is common for those with Autism to have anxiety in social situations and I spent years mistaking this anxiety and depression I had as a part of Autism. In this book I share how I found out that the anxiety and depression were not a part of Autism but more so they were symptoms of not having the adequate social skills to be successful in social situations and...



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