



Musings of a Mocha Sista

By Pam Osbey

iUniverse. Paperback. Book Condition: New. Paperback. 200 pages. Dimensions: 9.0in. x 5.6in. x 0.5in. Welcome to the world of love, self-realizations, and spirituality. Come and join the mocha revolution. Come and taste a different flava of mocha. Pam Osbey, author of Musings of a Mocha Sista, brings you into her world. Her readers are treated to Poetree In Motion, where poems that infuse musicality with powerful passionate vibes take over the readers soul. In Spiritual Break, mocha sista expresses her joyful feelings of love to a higher power to help her through this struggle, this journey, this thing called life. In Mochas Storyboard wonderful stories that explore intricate relationships, being realistic about relationships, and loving ones self are the themes that are explored. Mocha Sez essays embrace the spirit of sistahhood and sistahfriendships. Loving the Skin Youre In provokes readers to challenge their beliefs on their body image and how they feel about themselves. The Single Life invites single sistahs to embrace their singleness. Nurturing Your Soul encourages all women to take time to treat themselves royally like queens. Come inside to taste and explore the different flavors of this powerful mocha sista. This collection of literature will bring you to...



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