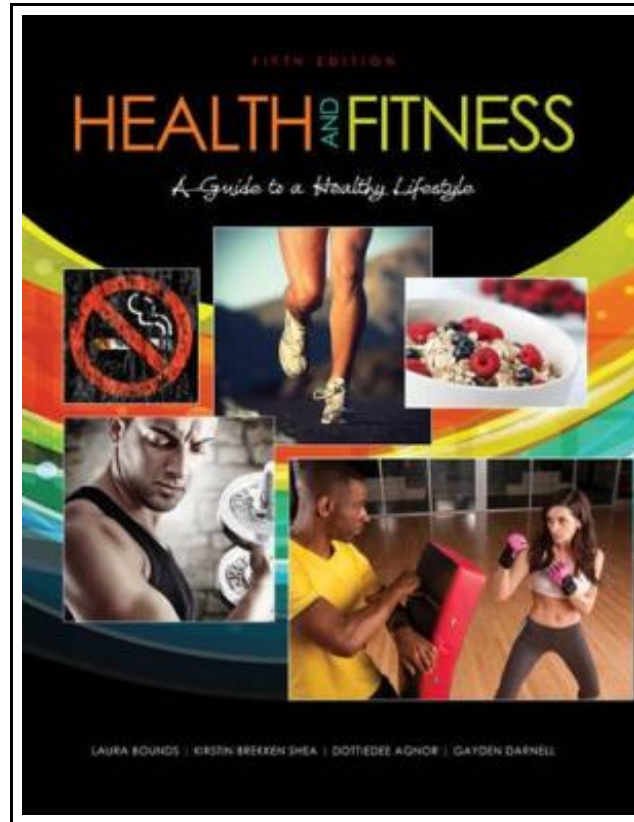


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(Taylor Gleason)

HEALTH AND FITNESS: A GUIDE TO A HEALTHY LIFESTYLE



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