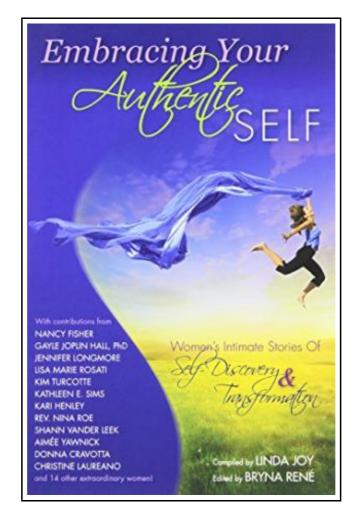
Embracing Your Authentic Self - Women s Intimate Stories of Self-Discovery Transformation



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Reviews

Extensive information for ebook fans. It generally is not going to expense a lot of. I discovered this publication from my dad and i suggested this ebook to discover. (Ivah West)

EMBRACING YOUR AUTHENTIC SELF - WOMEN S INTIMATE STORIES OF SELF-DISCOVERY TRANSFORMATION



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Inspired Living Publishing LLC, United States, 2011. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Embracing Your Authentic Self brings you the stories of 26 extraordinary women from around the world who have removed their false masks, stepped past the labels that once defined them, and reconnected with their personal power. Today, they re standing tall, embracing their authenticity, and stepping boldly onto the path of self-actualization. In an excerpt from Publisher Linda Joy s Introduction she shares Warrior women all, each woman has come through her personal quest having released the unwanted baggage of the past, and given herself permission to heal. Now, these women are standing tall and shining their brilliant lights for others who are ready to begin their own journeys. As they welcome you into their spirit nets, they will show you how you, too, might choose to view life through the lens of possibility, and embrace the shimmering treasure that is your authentic self. Breaking the traditional anthology mold, Embracing Your Authentic Self is much more than a standard anthology it s a woman s trail guide to discovering and embracing her own personal power! Each inspirational story is followed by a journaling prompt page, Tune into Your Authentic Self, featuring three thought-provoking questions to help the reader delve deeper into the insights and lessons contained in the chapter narrative. In this book, you Il experience stories about Stepping out of hiding to discover your divine nature Releasing who you should be to become who you really are Learning to speak your truth Using the experience of grief and loss to uncover a greater calling Leaving doubt and fear behind to discover your true purpose, step into your personal power, and even walk through...

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